

WEEK ONE:

MONDAY: 1 TIMOTHY 4:12  
TUESDAY: PROVERBS 1:8-9  
WEDNESDAY: 1 PETER 5:5  
THURSDAY: 1 TIMOTHY 5:1-2  
FRIDAY: ISAIAH 40:29-31

MEMORY VERSE:

LET NO ONE LOOK DOWN ON  
YOUR YOUTHFULNESS, BUT  
RATHER IN SPEECH, CONDUCT,  
LOVE, FAITH AND PURITY,  
SHOW YOURSELF AN EXAMPLE  
OF THOSE WHO BELIEVE. 1  
TIMOTHY 4:12

WEEK TWO:

MONDAY: EPHESIANS 4:29  
TUESDAY: PROVERBS 21:23  
WEDNESDAY: PROVERBS 20:11  
THURSDAY: GALATIANS 5:22-23  
FRIDAY: ISAIAH 41:10

MEMORY VERSE:

BUT THE FRUIT OF THE SPIRIT IS  
LOVE, JOY, PEACE, PATIENCE,  
KINDNESS, GOODNESS,  
FAITHFULNESS, GENTLENESS,  
SELF-CONTROL; AGAINST SUCH  
THINGS THERE IS NO LAW.  
GALATIANS 5:22-23